

School Meal Modification Form

Section A:

Student Name: _____ Grade: _____ School: _____

Date of Birth: _____ Student ID: _____

Parent/Guardian Name: _____ Phone/Email: _____

Religious Modifications: _____

Section B: (Completion by a Medical Authority Required)

Is this Student's medical condition a disability? Yes No

Diet Prescription: (mark all that apply)

Diabetic (Carbohydrate Counting)

Lactose Intolerance

Eliminate Milk Beverage Only

Milk Beverage substitute: Juice or Water

Eliminate All Foods that "May Contain Milk" Eliminate All Dairy

Food Intolerances:

Egg Intolerance

- Eliminate Eggs in Pure Form (egg white/yellow).
- Allow eggs as ingredients in foods. (Examples: cookies, cake, waffles)

Wheat Intolerance

- Eliminate Whole Wheat (breads, bun, pizza, pasta, donuts, etc).
- Allow foods containing small amount of wheat (Examples: breading, roux in gumbo, etc).

Soy Intolerance

- Eliminate Pure Soy.
- Allow foods containing small amounts of soy (Examples: burger, chicken, etc.)

Corn Intolerance

- Eliminate Whole Kernel Corn
- Allow foods containing small amounts of corn (Examples: corn syrup, cereals, etc.)

Food Allergies:

Eggs (All foods that may contain egg)

Wheat (All foods that may contain wheat)

Soy (All foods that may contain soy)

Corn (All foods that may contain corn)

Peanuts/Tree Nuts (All foods that may contain and manufactured peanuts/tree nuts)

Other _____

Fish (All foods that may contain fish)

Section C: (Completion by a Medical Authority Required)

I certify that the above-named student needs modified school meals prepared as described above because of the student's medical condition:

Medical Authority Name (print): _____ Phone Number: _____

Medical Authority Signature: _____ Date: _____

Please Note: We do not have allergy free kitchens for food prep. Cross-contamination is a risk.

This document is in effect for the current 2023-24 school year and must be renewed annually. All incomplete forms will be returned to the cafeteria manager.

Please send COMPLETED form to the Archdiocese of New Orleans SFNS.



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