



May 2025 St. Thérèse Academy Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>Class of 2026!</i></p> <p>Thinkers ★ Communicators ★ Contributors</p>		<p>Always remember, you have within you the strength, the patience, and the passion to reach for the stars... to change the world.</p> <p>CONGRATULATIONS, graduate</p>	<p>Brunch for Lunch Chicken & Waffles (WG) Diced Potatoes Glazed Carrots Buttered Grits Chilled Strawberries Fresh Fruit</p>	<p>Chicken Nuggets Shoestring Fries Baked Beans Diced Pears Fresh Fruit Southern Butter Roll (WG)</p> <p>SCHOOL LUNCH HERO DAY</p>
<p>Beans & Rice Pork Chop Cheesy Broccoli Fresh Fruit Diced Peaches</p> <p>CINCO MAYO</p>	<p>Crispy or Soft Beef Tacos (WG) Shredded Cheese Sour Cream and Sliced Jalapenos Golden or Fiesta Corn Salsa Choice of 2 Fresh Fruits</p>	<p>Chicken Sandwich (WG) Lettuce/Tomato/Pickles Shoestring Fries Choice of 2 Fruits Cake</p>	<p>Italian Bake Cheesy Cauliflower Caesar Salad Mandarin Oranges Fresh Fruit Southern Butter Roll (WG)</p>	<p>Beef Pot Roast w/w Gravy Herb Parsley Rice Glazed Carrots Seasoned Green Beans Diced Pears Fresh Fruit</p>
<p>Chicken Smackers Shoestring Fries Red Beans Diced Peaches Fresh Fruit Southern Butter Roll (WG)</p>	<p>Crispy or Soft Beef Tacos (WG) Shredded Cheese Sour Cream and Sliced Jalapenos Golden or Fiesta Corn Salsa Choice of 2 Fresh Fruits</p>	<p>Hamburger w/w Cheese (WG) Lettuce/Tomato/Pickles Spicy Fries Choice of 2 Fruits</p>	<p>Salisbury Steak Mashed Potatoes & Gravy Seasoned Green Beans Chilled Strawberries Fresh Fruit Southern Butter Roll (WG)</p>	<p>Chicken & Sausage Jambalaya Glazed Carrots Caesar Salad Diced Pears Fresh Fruit Southern Butter Roll (WG)</p>
<p>Turkey w/ Gravy Mashed Potatoes Green Beans Diced Peaches Fresh Fruit Southern Butter Roll Milk</p>	<p>Crispy or Soft Beef Tacos (WG) Shredded Cheese Sour Cream and Sliced Jalapenos Golden or Fiesta Corn Salsa Choice of 2 Fresh Fruits</p>	<p>Meatsauce & Pasta (WG) Roasted Broccoli Southern Butter Roll (WG) Diced Pears Applesauce</p>	<p>Chicken Tenders Shoestring Fries Baked Beans Chilled Strawberries Fresh Fruit Southern Butter Roll (WG)</p>	<p>No School</p>
<p>No School</p> <p>MEMORIAL DAY Memorial Day</p>	<p>No School</p>	<p>No School</p>	<p>No School</p> <p>Ascension Day</p>	<p>No School</p>

Memorial Day Facts

- ★ Started on May 30, 1868
- ★ Union General John A. Logan declared the day an occasion to decorate the graves of Civil War soldiers
- ★ Twenty years later, the name was changed to Memorial Day
- ★ President Richard M. Nixon declared Memorial Day a federal holiday in 1971



Ascension of the Lord

ASCENSION: the act of rising to a higher level

The Ascension of the Lord takes place forty days after the resurrection of Jesus (Easter).

Technically, this day falls on a Thursday, but the celebration is transferred to the following Sunday. On this day, Jesus was taken up to Heaven in the presence of his apostles.

BIBLICAL REFERENCES

- ① While he was blessing them, he withdrew from them and was carried up into heaven. Luke 24:51
- ② So then the Lord Jesus, after he had spoken to them, was taken up into heaven and sat down at the right hand of God. Mark 16:19

As the apostles were watching, Jesus was lifted up and a cloud took him out of their sight. While he was going and they were gazing up toward heaven, suddenly two men in white robes stood by them. They said, "Men of Galilee, why do you stand looking up toward heaven? This Jesus, who has been taken up from you into heaven, will come in the same way as you saw him go into heaven." Acts 1:9-11

The ascension is also proclaimed in the Nicene Creed and in the Apostles' Creed. "He ascended into heaven and is seated at the right hand of the Father..."

Jesus departs, he ascends to heaven. He returns to the Father. But this does not mean a separation, for he remains forever with us in a new way. By his ascension, the Risen Lord does the gaze of the Apostles - and our gaze - to the heights of Heaven to show us that the end of our journey is the Father... and that heaven is not a place far away. He is there! He is present in the Holy Spirit, who dwells in our hearts and leads us up when we fall down. The Lord is with us all day long. Pope Francis, June 1, 2014



Lactose-free, low fat chocolate or low fat white milk offered with all meals. ~ Fresh fruit options are grapes, oranges, bananas or apples. ~ WG=Whole Grain Rich *Menus are subject to change.*

This institution is an equal opportunity provider.

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